

# Newsletter

 **Bilborough**  
Medical Centre  
July 2022

## Have your say! - BACHS PCN Patient Survey

As a patient at Bilborough Medical Centre, the BACHS Primary Care Network (PCN)\* want to understand your views on what a healthy lifestyle means to you, as well as learn how you can access GP services more effectively, to help improve these areas for you!

Please take a moment to scan the QR code with your phone, and complete this survey to share your comments and feedback (for other formats please contact the practice).



\*Bilborough Medical Centre sits within the BACHS PCN which is a group of GP practices and other local organisations/groups that are located in the same area of the city, and work collaboratively to support the communities health and social care. BACHS covers Bilborough, Beechdale, Aspley, Cinderhill, Hyson Green and Strelley.



## Annual Reviews

We are currently working through annual reviews for all patients. If you are overdue, or due, your next annual review you should have been contacted.

If you haven't received any messages from the practice about your annual review, please contact the reception team.



## Zero Tolerance

We would like to remind all patients that our staff come to work to care for others. We aim to treat our patients courteously at all times and expect our patients to treat our staff, and each other, in a similarly respectful way. Threatening, abusive or violent behaviour against any of our staff or patients is taken very seriously and may result in removal from our practice list.

## Patient Participation Group

### We are recruiting for Patient Participation Group members...


Would you like to be a friend of the practice, advising the us on the patient point of view? Speak to our reception team for more information on how you can join the group and begin sharing your thoughts on how we can make changes. Joining is completely free and anyone is welcome!

### Face Coverings

Please remember to continue to wear face coverings to protect other vulnerable people, as well as our practice team.



Thank you!

 UK Health Security Agency



### Out in the sun?

Beat the heat by **keeping cool, drinking lots of water and wearing sun cream** to protect against high UV.

### Yearly prescriptions

**Did you know you can pay a yearly fee for your prescriptions?**

If you have multiple items on your prescription, you may be able to save money by using the Prescription Prepayment Certificate (PPC) that is offered by the NHS.

For more information, speak to the pharmacist when you collect your medication.



### Follow us on Facebook

You can follow the practice on Facebook to get updates, general information and healthcare advice!

@Bilboroughmedical - [www.facebook.com/Bilboroughmedical](https://www.facebook.com/Bilboroughmedical)

### Bilborough Medical Centre

Opening Hours: Mon to Fri 8am-6:30pm

### Assarts Farm Medical Centre

Opening Hours: Mon-Fri 8am-6:30pm - **Opening times varying due to staffing levels**

PLEASE CONTINUE TO WEAR A FACE COVERING WHEN IN THE SURGERY.

Appointments are offered with GPs, Clinical Pharmacists, Practice Nurses & HCAs

All patients can access evening & weekend appointments at **GP+** in Nottingham city centre.

**For medical advice outside of these times please call 111. For emergencies ONLY call 999**